

LVTC Is Now Offering...



# Children's Jujitsu

***Boys and girls will learn self defense, coordination, and more!***

This specialized class will teach students flexibility, balance, leverage, agility, strength, motivation and sportsmanship in a comfortable, noncompetitive, self progressive environment through the art of Danzan Ryu Jujitsu.

Parents can observe self confidence and discipline develop in their child through the use of the following: contents, examinations and example demonstrations; cooperative teaching, cooperative learning and whole body conditioning techniques; and a ranking system to encourage goal setting as well as to measure progress. Students will also have the opportunity to participate in community demonstrations and kata competitions.

Class will be instructed by first degree black belt, Marysia Gunderson. For more information, please call (925) 337 – 2726.

**Class Time:** Tuesday 5:00 – 5:45

**Ages:** 3 – 6 Years Old

**Cost:** \$40 per month (members)  
\$60 per month (non-members)

**Classes begin September 3<sup>rd</sup> and are ongoing!  
Sign up at the front desk today!**

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Student's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Are you a member of LVTC? Yes \_\_\_\_\_ (member number \_\_\_\_\_) No \_\_\_\_\_

Phone Number: \_\_\_\_\_ Parent Email: \_\_\_\_\_

Method of Payment: Charge to my account each month \_\_\_\_\_  
(members only)

Pay at Front Desk (Please note that  
tuition is due by the first Wednesday of  
each month) \_\_\_\_\_

I will be purchasing a uniform (\$25): Yes \_\_\_\_\_ No \_\_\_\_\_